

General Schedule

July 13-15, 2018 / Saint Meinrad, IN

Friday, July 13

3:00-5:00 PM	Registration by Guest Services	Guest House Front Desk
5:00 PM	Vespers (optional)*	Archabbey Church
5:30-6:30 PM	Supper (served until 6:00 PM)	Newman Dining Hall
7:00 PM	Compline prayer (optional)*	Archabbey Church
7:00-8:15 PM	General Session (GS) #1 Welcome by Dave Maloney	Bede 1st Floor Theater
	Speaker & Session Intro by Dave Maloney	
	Staying Sober by Dr. John MacDougall	
8:15-8:45 PM	Get Acquainted Ice Cream Social	Bede 5th Floor-Top 1
8:45-9:30 PM	AA Speaker Mtg by Nancy T. Al-Anon Mtg by Marsha W.	Bede 1st Floor Theater (Dual Lead)

Saturday, July 14

24 Hour	Coffee & juice available	Newman Dining Hall
5:30 AM	Morning prayer (optional)*	Archabbey Church
6:45-7:15 AM	Guided Meditation by Larry Jones	Bede 5th Floor-Top 1
7:15-8:00 AM	Yoga lead by staff	Gregory Room (G160)
7:30 am	Mass (optional)*	Archabbey Church
8:00-8:45 AM	Hot Breakfast (served until 8:30 AM)	Newman Dining Hall
9:00-9:45 AM	GS #2 Spiritual Healing For Trauma & Abuse by Dr. John MacDougall	Bede 1st Floor Theater
	Workshops block 1 (2 tracks)**	
	Workshops block 2 (2 tracks)***	
10:00-10:45 AM	Midday prayer (optional)*	Archabbey Church
11:00-11:45 AM	Lunch (served until 1:00 PM)	Newman Dining Hall
12:00 Noon	Ruby Lovett Mini Concert	Archabbey Church
12:15-1:00 PM	Monastery Tour (optional)	Begin a Archabbey Church
1:15-1:45 PM	GS #3 Joy In Life by Dr. John MacDougall	Bede 1st Floor Theater
1:45-2:45 PM	Sacrament of Reconciliation (optional)*	Guest House Chapel
3:00-3:45 PM	Workshops block 3 (2 tracks)****	
3:35 PM	Vespers (optional)*	Archabbey Church
4:30 -5:15 PM	Supper (served until 6:00 PM)	Newman Dining Hall
5:00 PM	Compline prayer (optional)*	Archabbey Church
5:30-6:30 PM	AA Success Story & Step 10 by Judy D.	Bede 1st Floor
7:00 PM	Build Your Own Sundae	Bede 5th Floor
7:15-8:00 PM	“Pickin’ n Singin’ to Guitars n Such”	Bede 5th Floor
8:15-8:45 PM		
9:00-9:30		

Sunday, July 15

7:15 AM	Morning prayer (optional)*	Archabbey Church
7:15-7:45 AM	Guided Meditation by Mike Carr	Bede 5th Floor
8:00-9:00 AM	Hot Breakfast (served until 8:30 AM)	Newman Dining Hall
8:30-9:15 AM	GS #4 Peaceful Partners: Couples That Grow by Alison & Rod (<i>Spirituality Is How I Treat My Spouse</i>)	Newman Dining Hall
	Mass (optional)*	Archabbey Church
9:30 AM	Yoga led by staff (optional)	Gregory Room (G160)
10:00-10:45 AM	GS #5 Step 11 Video - Richard Rohr	Bede 1st Floor Theater
11:00-11:45	Lunch and departure	Newman Dining Hall
12:15 PM		

*These are the daily monk's prayers run by the monastery and made open to attendees as an optional experience.

***Al-Anon Revisited* by Marsha W. - Bede 1st Floor Theater *Almost Heaven* (Relationships) Noel Mueller - Bede 5th Floor

****Humility* by Coleman Grabert - Bede 1st Floor Theater *Hope* by Dr. John MacDougall - Bede 5th Floor

*****Freedom of Forgiveness* by Zackery Wilberding - Bede 1st Floor Theater *Emotional Sobriety* by Keith B. - Bede 5th Floor